

Diurnal Office

Noontime

O Lord, open our lips.

And our mouth shall show forth your praise.

Make haste, O god, to deliver us.

Make haste to help us, O Lord.

Glory be to the Father, and to the Son, and to the Holy Spirit.

As it was in the beginning, is now, and ever shall be, world without end. Amen.

PROVERB OF THE DAY (As there are 31 Proverbs, read according to the day of the month)

Silent meditation on the scripture

COLLECT

Almighty God, from whom all thoughts of truth and peace come: Pour into the hearts of all people, we pray, the true love of peace; and guide with your wisdom those who take counsel for the nations of the earth, that in tranquility your work may go forward until the world is filled with the knowledge of your love; through Jesus Christ our Lord. Amen.

PRAYER WITH THE ANGLICAN ROSARY

Holding the cross, I pray: Most Holy Father, be by my side, Most Gracious Son, walk with me, and Holy Spirit, fill my heart as I come to the Father in prayer.

Holding the invitory bead, I pray: O Lord, make speed to save us. Make haste to help us.

Holding the Cruciform beads, I pray: The Lord's prayer

Holding the weekly beads, I repeat any prayer for which I want to focus my prayer time. At noon time, my focus is usually on my wife and marriage.

